

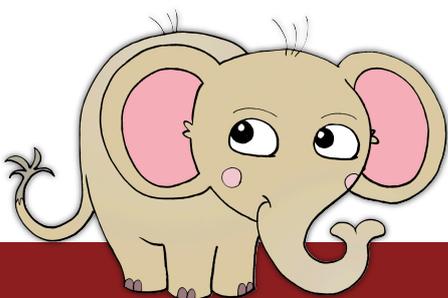
## *Asobora meets a friend*

You may like to use these activities with the stories

When children are very small all of the world can be an exciting adventure. Having adventures helps children to learn social skills, learn the importance of sharing, working together, and problem solving, exploring ideas and taking responsibility. Asobora lives in Africa, in a tree in the rainforest. Asobora has long arms and legs and he uses his tail for grasping. His tail can hold onto a branch like another hand. His long arms help him to climb, jump and run, but when he walks he walks on all fours. Asobora has a thin nose and tiny nostrils. He has large round eyes which helps him to see long distances, When he was a baby he drank his mother's milk and she carried him around for his first few weeks of his life. Now he is older Asobora eats different forms of fruits, leaves, flowers, insects, eggs and small reptiles.

**Activity 1.** Discuss with the children about rainforests in Africa show pictures of what they look like. Then working in small groups get the children to plan and produce a display about the rainforest, including Asobora and other members of his troop. Using textbooks and the internet to find other animals and creatures that live in the rainforest can extend this activity. For further discussion the children can compare and contrast where they live and where Asobora lives.

**Include photos of Ugandan Rainforest here.**



**Activity 2. Friendships.** Children to talk about the importance of friendships, they can then draw a picture of their friend and talk about it at circle time. The children could then have a story about friendships

"Do you want to be my friend"? Eric Carle 0-3 years old. "A splendid Friend Indeed" Suzanne Bloom 4 - 8 years old.

**Healthy Eating.** Health Eating is part of the National healthy Schools Strategy and the Change4Life campaigns. Children are encouraged to eat 5 portions of fruit and vegetables a day.

**Activity 3. Healthy Eating Menu.** To discuss with a small group of children what



their daily diet consists of?

Give

children a paper plate and ask them to decorate with images of healthy foods. To extend this activity Children can complete a Health Diet Word search.

**Activity 4.** Children can compare and contrast their diets with those of the children in Uganda. (Provide an example) The children can then go shopping and make a simple menu of Uganda food., sweet potato etc).



children from the Good Shepherd School



## shopping, menu from Uganda.

There are many examples of food eaten in Uganda, among which we have the following:

### Vegetables

-cassava-rice-yams-sweet potatoes-irish-sweet potatoes-millet-peas-sugarcane-cabbage-carrots--spinach-onions-garlic-eggplants-beans

### Fruit lemons-avocado-tomatoes

Other staples eaten include:-eggs-fish-milk-meat (goat, pork, chicken and beef) -bananas-groundnuts-oranges-mangoes-pawpaw-guava-black berries-pineapples-jackfruit

- (see Notes for the teacher - Plants and Food for extensive list of foods).

Children learn to communicate and express themselves through their language development. This is not only an important step towards developing their literacy skills but also another way in which they can make sense of the world. Children enjoy rhyme rhythm and repetition. Playing with sounds can help language development and is a fun way to learn.

### Activity 5. Words Stories and Songs.

After hearing the story of Asobora and Buzobosi Make three or four word cards from words in the story, rainforest, monkey, crocodile, lake, rainforest tress, mountain. Then ask children to write their own story about Asobora and Buzabosi. To extend this activity ask the children to discover as many songs as they can about monkeys, crocodile and elephants.

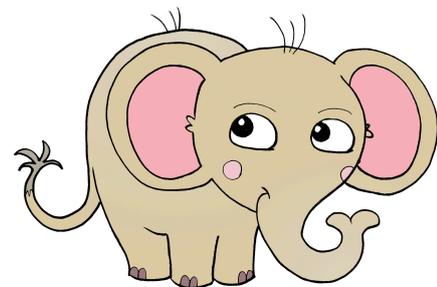
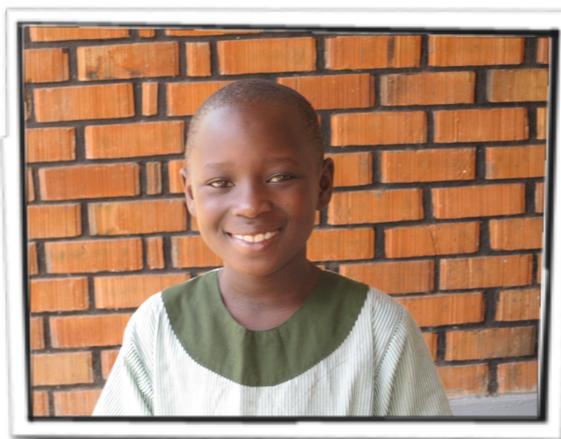
Hypo link of children singing and dancing, need to included words of a song - see children from the Good Shepherd school on video clip - Singing this song of welcome.

"We are happy to receive you ..Welcome

We are happy to receive you..Welcome

We are happy to receive you..

Happy to receive you  
Happy to receive you



## Welcome”

Children are skilled social actors they learn through observation, imitation and play. Carefully chosen activities can increase children's knowledge and understanding of the world and improve their social skills.

**Activity 6.** Show children images of children in Uganda and discuss their life, for example the houses they live in, their diets, how they help with domestic chores, their school day, if they have a doctor/medical centre to visit, hobbies and games. Ask children to note the differences in lifestyles. Then in small groups the children can produce a profile of a small child in Uganda and one who lives in the UK.

**Include something here about childrens' daily life, images, their own stories video link.**

**Read Theresa - activity one Notes for the teacher.**



# The Good Shepherd school